

JOYFUL CHRISTMAS PANEL RUNNER

by Hilary Gooding

Table Runner 36" x 12", Place Mats 16" x 12"



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Table Runner 36" x 12", Place Mats 16" x 12"

FABRIC REQUIREMENTS

Fabric	Quantity	First Cut	Second Cut	Position
Panel x 1 718/1	60cms/ $\frac{2}{3}$ yd	See instructions below *		Pictures
Labels 710/1	1 strip (pictures may vary from cover design)	Cut four 4" square labels		Place mat picture
Christmas Stars 717/Q	20cm / $\frac{1}{4}$ yd	Cut six 1" wide strips	Follow the instructions given for individual pieces	Inner Borders
Christmas Foliage 715/R	70cm / $\frac{7}{8}$ yd	Cut one strip 12" wide	Follow the instructions given for individual pieces	Background
		Cut five strips each 2½" wide	Follow the instructions given for individual pieces	
Christmas Stars 717/R	50cm / $\frac{5}{8}$ yd	Cut nine strips each 2" wide		Binding
Christmas Patchwork 713/G	1 metre / 1 $\frac{1}{8}$ yd			Backing

Note: A piece of batting in one piece that measures 45" x 40" will make the assembling the layers easy.

SEWING INSTRUCTIONS

All seams are $\frac{1}{4}$ "

Panel Pictures *

Carefully cut out the Holly Bush, Christmas Tree, Stockings, Sleigh, Wreath and 4-Bauble pictures from the panel. Cut them out so as to leave a $\frac{1}{4}$ " seam around all four sides outside the motif.

Table Runner

Note: I have turned the centre motif so that the runner faces both sides of the table. You may choose not to do this.

1. Sew a 1" wide strip of cream Stars fabric to the sides of the Wreath, Sleigh and Bauble pictures. Then sew a 1" wide strip to the tops and bottoms of the three pictures.
2. Lay out your three Pictures and sew a 2½" strip of red Christmas Foliage fabric to the left side of all three pictures.
3. Sew the three pictures together.
4. Sew one more 2½" strip of red Christmas Foliage fabric to the remaining end.
5. Now cut two strips that reach along the top and bottom of your unit and sew these on.

Holly Bush Place Mat

1. Sew a 1" wide strip of cream Stars fabric to the sides of the Holly Bush picture. Then sew a 1" wide strip to the top and bottom of the picture.
2. Cut two 2½" wide red Christmas Foliage strips to fit the top and bottom of the framed picture. Sew these in place.
3. From the 12" wide Christmas Foliage fabric cut two pieces 6" wide and sew these to the sides of the unit from Step 2. Trim and straighten edges if necessary.

Christmas Tree Place Mat

1. Sew a 1" wide strip of cream Stars fabric to the sides of the Christmas Tree picture. Then sew a 1" wide strip to the top and bottom of the picture.
2. Cut two 2½" wide red Christmas Foliage strips to fit the top and bottom of the framed picture. Sew these in place.
3. From the 12" wide Christmas Foliage fabric cut two pieces 6" wide and sew these to the sides of the unit from Step 2. Trim and straighten edges if necessary.

Stocking Place Mat

1. Sew a 1" wide strip of cream Stars fabric to the sides of the Stockings picture. Then sew a 1" wide strip to the top and bottom of the picture.
2. Cut two 2½" wide red Christmas Foliage strips to fit the top and bottom of the framed picture. Sew these in place.
3. From the 12" wide Christmas Foliage fabric cut two pieces 3½" wide and sew these to the sides of the unit from Step 2. Trim and straighten edges if necessary.

Labels Place Mat

1. Sew the four labels together into a square.
2. Sew a 1" wide strip of cream Stars fabric to the sides of the four-label picture. Then sew a 1" wide strip to the top and bottom of the picture.
3. Cut two 2½" wide red Christmas Foliage strips to fit the top and bottom of the framed picture. Sew these in place.
4. From the 12" wide Christmas Foliage fabric cut two pieces 4½" wide and sew these to the sides of the unit from Step 3. Trim and straighten edges if necessary.

Sandwiching

1. Lay out the backing fabric on a large smooth surface with the right side facing downwards.
2. Place the batting on top and smooth out any wrinkles and bumps.
3. Now place the runner and four place mats on the batting leaving an even space around each piece.
4. Use your preferred method of securing the layers together - basting, pinning, spraying or microtacking.
5. Once the layers are secured you can cut the pieces apart leaving a bit spare around each piece.

Finishing

1. Quilt by hand or machine.
2. If you are using invisible thread do not use nylon thread as it melts. Use polyester thread.
3. I quilted in the ditch around the pictures and frames. Then used a matching thread to free motion quilt in a meandering line over the background areas.
4. Trim the excess batting and backing back to the edges of the runner and place mats.

Binding

1. I used a double (French) binding and sewed the binding on completely by machine as these pieces will probably get washed often. You may choose to sew on the binding by the traditional method.
2. Join all the binding strips into one long piece using mitred seams and then fold and iron the strip in half along its length.
3. Traditional binding: Sew the binding on to the front of the pieces lining up the raw edges of the binding with the edges of the runner and mats. Turn the binding to the back and slip stitch down by hand.
4. Machined binding: Sew the binding to the wrong side of the pieces lining up the raw edges of the binding with the edges of the runner and mats. Turn the binding to the front and pin as accurately as you are able so that the fold of the binding lines up with the line of stitching which you made to sew the binding on (visible on the front). Use a blind hem stitch or blanket stitch on your sewing machine to sew the binding in place. You can use any of the fancy stitches on your machine that will hold down the binding edge.

Congratulations on finishing your table mats - enjoy the feast!

JOYFUL CHRISTMAS TREE RUNNER

Designed by Hilary Gooding

Table Runner 30" x 12", Place Mats 16" x 12"



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FABRIC REQUIREMENTS

Fabric	Quantity	First Cut	Second Cut	Position
Byzantine Scroll 662/MG7	40cm / ½ yd	Cut two strips each 3⅞" wide	Cut fifteen 3⅞" squares	Tree
		Cut two strips 2" wide		Side Border
Christmas Foliage 715/G	90cm / 1 yd	Cut two strips each 3⅞" wide	Cut fifteen 3⅞" squares	Tree
		Cut two strips 2" wide		Side Border
		Cut nine strips each 2" wide		Binding
Christmas Stocking 716/R	60cm / ⅔ yd	Cut two strips each 3⅞" wide	Cut twelve 3⅞" squares	Tree
		Cut four strips each 2" wide		Side Border
		Cut one strip 3½" wide	Cut one piece 22" long	Trunk
Christmas Stars 717/Q	50cm / ⅝ yd	Cut one strip 6⅞" wide	Cut six 6⅞" squares	Background
		Cut one strip 3⅞" wide	Cut six 3⅞" squares	
		Cut one strip 5" wide	Cut two pieces each 5" x 22"	
Christmas Stars 717/G	1 metre / 1⅓ yd			Backing

SEWING INSTRUCTIONS

Seams are ¼"

Christmas Tree Blocks

Half-Square-Triangle Units

1. Draw one diagonal line across the wrong side of all the cream 3⅞" squares with a sharp pencil.
2. Draw one diagonal line across the wrong side of the twelve red Stocking squares

NOTE: Placing the fabric on a piece of sandpaper helps to hold the fabric still while dragging the pencil across it.



3. Take the cream Stars, the green Foliage, the green Scroll and the red Stocking fabric squares and place them right sides together in pairs as follows:

Six red Stocking and six green Scroll squares
Six red Stocking and six green Foliage squares
Three cream Stars and three green Scroll squares
Three cream Stars and three green Foliage squares

4. Match up the corners and edges of each pair and pin securely.

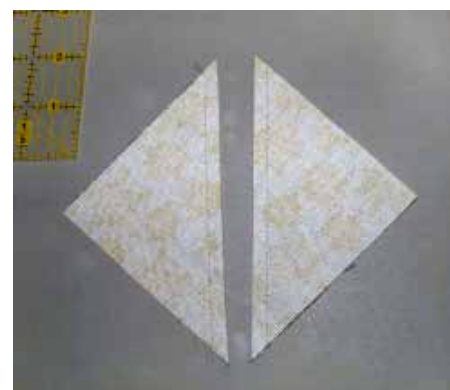


5. Sew a ¼" seam down either side of the diagonal line of all the pairs from Step 3 above.



6. This can be done by chain sewing from one square straight onto the next, up one side and down the other.

7. When they are all sewn both sides of the line, cut them along the line.



8. Open the two halves and press the seams to one side.
Trim off the "ears"

9. Take the remaining 3⅞" green Scroll and Foliage fabric squares and cut them diagonally once.



Assembling the blocks

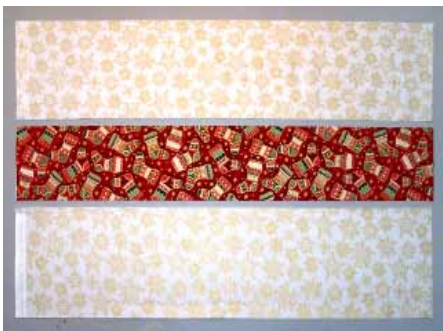
1. Take the six $6\frac{7}{8}$ " cream Stars squares and cut them once diagonally.
2. Lay out the pieces for one block.
3. Sew the top two green triangles together, then the middle row of green triangles and half-square-triangle units and finally the bottom row of half-square-triangle units.



4. Sew the top triangles to the middle row matching the intersecting seams. Press the seam to one side.

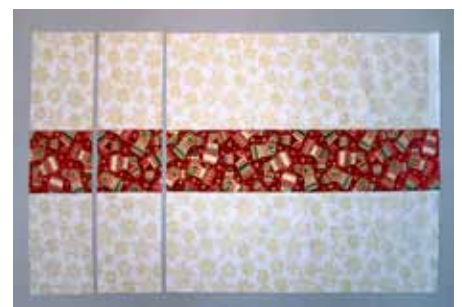


5. Sew the large cream Star triangles to the unit from Step 4 above.
6. Sew the two units together.



7. Take the two 5" wide cream Stars strips and the $3\frac{1}{2}$ " wide red Stockings strips and sew them together as shown. Press the seams under the red fabric.

8. Cut six $3\frac{1}{2}$ " wide segments.



9. Sew one of these segments to the bottom of the tree units.

10. Repeat Steps 1 - 6 and 9 with the remaining pieces to complete six blocks.



Side Panel strips

1. Take the 2" wide red Stocking strips, the green Foliage strips and green Scroll strips and lay them out alternately red/green and use the green strips alternately as well.
2. Sew these strips together first in pairs and then sew the pairs together. Be careful not to stretch the strips or you may find you have an "arch".
3. Cut eleven 2½" segments from these strip pieced units.
4. Sew a strip to the left and right sides of the four place mats.
5. Use the remaining three strips to create the table runner - turn the tree blocks sideways and sew one strip between the two blocks and the others at each end.

Sandwiching

1. Lay out the backing fabric on a large smooth surface with the right side facing downwards.
2. Place the batting on top and smooth out any wrinkles and bumps.
3. Now place the runner and four place mats on the batting leaving an even space around each piece.
4. Use your preferred method of securing the layers together - basting, pinning, spraying or microtacking.
5. Once the layers are secured you can cut the pieces apart leaving a bit spare around each piece.

Finishing

1. Quilt by hand or machine.
2. If you are using invisible thread do not use nylon thread as it melts. Use polyester thread.
3. I quilted in the ditch along all the seam lines in and around the trees and the panels.
4. Trim the excess batting and backing back to the edges of the runner and place mats.

Binding

1. I used a double (French) binding and sewed the binding on completely by machine as these pieces will probably get washed often. You may choose to sew on the binding by the traditional method.
2. Join all the binding strips into one long piece using mitred seams and then fold and iron the strip in half along its length.
3. Traditional binding: Sew the binding on to the front of the pieces lining up the raw edges of the binding with the edges of the runner and mats. Turn the binding to the back and slip stitch down by hand.
4. Machined binding: Sew the binding to the wrong side of the pieces lining up the raw edges of the binding with the edges of the runner and mats. Turn the binding to the front and pin as accurately as you are able so that the fold of the binding lines up with the line of stitching which you made to sew the binding on (visible on the front). Use a blind hem stitch or blanket stitch on your sewing machine to sew the binding in place. You can use any of the fancy stitches on your machine that will hold down the binding edge.

Congratulations on finishing your table mats - enjoy the feast!



***710/1 LABELS**



***713/G PATCHWORK**



713/Q PATCHWORK



711/1 BORDER



***715/G FOLIAGE**



***715/R FOLIAGE**



715/Q FOLIAGE



716/Q STOCKING



***716/R STOCKING**



***717/G8 STARS**



***717/R STARS**



****717/Q STARS**



***718/1 EACH PANEL 60CM x 112CMS
(24" X 42") REPEAT**

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 by Hilary Gooding



***Fabrics used in Panel Runner
 download FREE from April 2011
www.makoweruk.com**



***662/MG7 SCROLL**



662/MR6 SCROLL



662/MQ4 SCROLL

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 by Hilary Gooding



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